

# RESOURCES

## MUNICIPAL RESOURCES:

Andover Social Services (860) 798-6583  
Bolton Senior and Social Services (860) 647-9196  
Columbia Social Services (ACCESS Agency)  
(860) 450-7400 x7430  
Coventry Human Services (860) 742-5324  
Mansfield Human Services (860) 429-3315  
Tolland Human Services (860) 871-3612  
United Services (860) 774-2020  
Wilmington Human Services (860) 487-3118

## REGIONAL ACTION COUNCILS:

**East of the River Action for Substance Abuse Elimination (ERASE)** [www.erasect.org](http://www.erasect.org) (860) 568-4442

**Southeastern Regional Action Council (SERAC)**  
[www.sectrac.org](http://www.sectrac.org) (860) 848-2800

## OTHER HELPFUL RESOURCES:

Community Health Resources  
(CHR) [www.chrhealth.org](http://www.chrhealth.org) (877) 884-3571

**CT Department of Mental Health & Addiction Services (DMHAS)** [www.ct.gov/DMHAS](http://www.ct.gov/DMHAS) (860) 563-4086

**Natchaug Hospital**  
[www.natchaug.org](http://www.natchaug.org) (800) 426-7792; (860) 456-1311

**Perception Programs, Inc.**  
[www.perceptionprograms.org](http://www.perceptionprograms.org) (860) 450-7122

# EMERGENCY

Treatment options for someone struggling with addiction come in many options.

If you or a loved one is experiencing a life-threatening emergency, **call 911** or report to the nearest emergency room.

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### Day Kimball Healthcare Crisis Services - Townsend ER, 24/7

(860) 928-7503 • 320 Pomfret St, Putnam

### Rockville Hospital ER 24/7

(860) 872-0501 • 31 Union St, Vernon

### Manchester Memorial Hospital ER 24/7

(860) 646-1222 • 71 Haynes, St, Manchester

### Windham Hospital ER 24/7

(860) 456-6715 • 112 Mansfield Ave, Willimantic



**The Opioid Epidemic:  
Our Communities,  
Our Concern**



# SUBSTANCE ABUSE TREATMENT RESOURCES

**Department of Mental Health  
& Addiction Services  
1-800-563-4086**

Toll-Free 24 hours a day/7 days a week



Eastern Highlands Health District

[www.ehhd.org](http://www.ehhd.org)

(860) 429-3325

# TREATMENTS

## MEDICATION-ASSISTED TREATMENT

There are several medications that can assist those struggling with addiction. These medications can play an important role in the treatment of the individual when combined with therapy.

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## RESIDENTIAL ADDICTION TREATMENT

When outpatient treatment has been unsuccessful, or when complications interfere with the possibility of treatment being successful for an individual in a community setting, residential treatment may become a consideration.

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## Intensive Outpatient (IOP) & Partial Hospital Program (PHP)

For individuals who need highly structured treatment, who experience a co-occurring psychiatric condition, and/or require a combination of therapy and medication in an intensive, supportive community-based setting, IOP and PHP provide a step-up from traditional outpatient services, or step-down from an inpatient hospital, detox, or residential setting, and may be an appropriate intermediate treatment option.

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## ACUTE INPATIENT DETOXIFICATION

In severe cases, withdrawal may require inpatient detoxification at a licensed facility, lasting anywhere from 3-7 days. Although not everyone who uses opioids meets criteria for inpatient detox, screening might be a consideration. Inpatient detox treatment can result in fast, safe and effective withdrawal, which can reduce cravings, prevent overdose, and prepare the individual to start the necessary stages of aftercare counseling

# TREATMENTS RESOURCES

- **CT Department of Mental Health & Addiction Services** (DMHAS) [www.ct.gov/dmhas](http://www.ct.gov/dmhas)  
Inpatient Detox/Treatment Facilities  
- Blue Hills Hospital- Hartford (860) 293-6400  
Connecticut Valley Hospital (Merritt Hall)  
- Middletown (860) 262-6321
- **Eastern Connecticut Health Network** (ECHN) [www.echn.org/behavioral-health-services](http://www.echn.org/behavioral-health-services) (860) 533-3434
- **Hockanum Valley Community Council (HVCC)** [www.hvcchelps.org](http://www.hvcchelps.org)  
Medication assisted treatment with suboxone (860) 872 -9825
- **Natchaug Hospital** [www.natchaug.org/programs-services](http://www.natchaug.org/programs-services)  
- MATCH (Medication Assisted Treatment Close to Home)  
Medication assisted treatment with suboxonetreatment - (860) 456-1311  
- Quinebaug Treatment Services PHP/IOP - (860) 779-0312  
- Joshua Center (Child/adolescent Ambulatory)  
Enfield (860) 749-2243  
Mansfield (860) 456-1311  
Northeast - Danielson (860) 779-2101  
Thames Valley - Norwich (860) 823-5320
- **Rushford**  
Residential addiction treatment, IOP/PHP [www.rushford.org](http://www.rushford.org)  
Middletown (877) 577-3233  
Glastonbury (860)657-8910  
Stonehaven - Portland (860) 342-3252
- **Southeastern Council on alcoholism and Drug Dependence** (SCADD)  
Residential & outpatient programs, inpatient detox [www.scadd.org](http://www.scadd.org) (860) 886-2495
- **Stonington Institute** Partial hospitalization & outpatient programs, inpatient detox [www.stoningtoninstitute.com](http://www.stoningtoninstitute.com) (800) 832-1022

# WALK- IN SERVICES

- **Community Health Resources**  
**Walk in services:**  
Manchester - 587 East Middle Turnpike  
Mon-Fri: 10am-3:30pm  
Willimantic - 433 Valley Street Tues: 8:30am-5pm  
Danielson - 37 Commerce Avenue Tues: 8:30am-5pm  
Assessment Line (877) 884-3571  
Medication Assisted - Pathways (860) 963-4971
- **Harford Dispensary**  
**Walk in services:**  
Manchester - 335 Broad Street  
(860) 643-3210 10 am - 1 pm  
  
Willimantic - 54-56 Boston Post Road  
(860) 456-7990 10 am - 1 pm
- **Perceptions Program**  
**Walk in services:**  
Danielson - 13 Water Street (860) 450-0151  
Mon-Thurs: 9am-7pm Fri: 9am-2pm  
  
Willimantic - 54 North Street (860) 450-0151  
Mon-Th: 9am-7pm; Fri: 9am-5pm  
  
Storrs Counseling Office - 1244 Storrs Rd, Storrs  
For appointment call (860) 420-2450  
  
IOP - (860) 450-7130  
  
Residential Addiction Treatment - Perception House  
(860) 450-7130
- **United Services**  
**Walk in service:**  
Danielson - 1007 N. Main Street (860) 774-2020  
Mon-Thurs: 8:30am-7pm Fri: 8:30-5 pm  
  
Willimantic - 132 Mansfield Avenue (860) 456-2261  
Mon-Th: 8:30-7, Fri: 8:30-5:00